

 <b>Enrique M. Barrera Community Fitness Center</b> Class Details	Monday	Tuesday	Wednesday	Thursday	Friday
	Aerobics Room				
	<b>Jazzercise</b>	<b>Multi - Dance</b>	<b>Jazzercise</b>	<b>Multi - Dance</b>	<b>Jazzercise</b>
<b>Jazzercise</b> \$15 per day 12 month plan: \$50 reg/\$35 month 6 month plan: \$75 reg/\$39 month 2 month plan: \$95 reg/\$44 month	<b>9:30 am-10:30 am</b>	<b>11:00pm-12:30pm</b>	<b>9:30 am- 10:30 am</b>	<b>11:00pm-12:30pm</b>	<b>9:30 am-10:30 am</b>
					<b>Mommy &amp; Me</b>
					<b>1:00 pm -2:00 pm</b>
	<b>Jazzercise</b>	<b>Jazzercise</b>	<b>Jazzercise</b>	<b>Jazzercise</b>	<b>Close at 5:00 pm</b>
	<b>5:45 pm- 6:45 pm</b>	<b>5:45 pm- 6:45 pm</b>	<b>5:45 pm- 6:45 pm</b>	<b>5:45 pm- 6:45 pm</b>	
<b>Kenpo Karate</b> \$5 drop in fee \$35 per month	<b>Jazzercise</b>	<b>Jazzercise</b>	<b>Jazzercise</b>	<b>Jazzercise</b>	
	<b>6:45 pm-7:45 pm</b>	<b>6:45 pm-7:45 pm</b>	<b>6:45 pm-7:45 pm</b>	<b>6:45 pm- 7:45 pm</b>	
	Recreation Room				
<b>Zumba</b> Instructors , Dinorah Hernandez Victoria Martinez \$5 drop in fee, \$25 punch card (6 classes)	<b>Zumba (Dinorah)</b>	<b>Stretching</b>	<b>Zumba (Dinorah)</b>	<b>Kickboxing</b>	<b>Home School PE</b>
	<b>5:00 pm-6:00 pm</b>	<b>4:00pm-5:00pm</b>	<b>5:00pm-6:00 pm</b>	<b>6:00pm-7:00pm</b>	<b>1:00 pm - 2:00 pm</b>
	<b>Youth Conditioning</b>	<b>Fast &amp; Furious Boot Camp</b>		<b>Fast &amp; Furious Boot Camp</b>	<b>Close at 5:00 pm</b>
	<b>6:00pm-7:00pm</b>	<b>5:00 pm - 5:45 pm</b>		<b>5:00 pm - 5:45 pm</b>	
		<b>Circuit Training Class</b>		<b>Stretching</b>	
<b>Yoga</b> \$2 per day \$10 per month	<b>Zumba (Victoria)</b>	<b>6:00 pm– 7:00pm</b>	<b>Zumba (Victoria)</b>	<b>4:00pm-5:00pm</b>	
	<b>7:00 pm - 8:00 pm</b>		<b>7:00 pm - 8:00 pm</b>		
	Kid Fit Room				
<b>FREE</b> Mommy & Me Circuit Training Class Cardio Exercise Youth Sports Cardio Multi-dance		<b>Cardio Exercise</b>	<b>Yoga</b>		<b>Close at 5:00 pm</b>
		<b>11:00 am-12:00 pm</b>	<b>5:30 pm - 7:00 pm</b>		
	<b>Yoga</b>	<b>Kenpo Karate</b>		<b>Kenpo Karate</b>	
	<b>5:30 pm - 7:00 pm</b>	<b>6:00pm-7:00pm</b>	<b>Kenpo Karate</b>	<b>6:00 pm– 7:00 pm</b>	
		<b>7:00 pm - 8:00 pm</b>	<b>7:00 pm - 8:00 pm</b>	<b>7:00 pm - 8:00 pm</b>	
<b>Free for Members</b> Cross Training Fast & Furious Boot Camp Cardio Fit	Fitness Center				
	<b>Cross Training</b>	<b>Cross Training</b>	<b>Cross Training</b>	<b>Cross Training</b>	<b>Cross Training</b>
	<b>11:45 am - 12:30 pm</b>	<b>11:45 am - 12:30 pm</b>	<b>11:45 am - 12:30 pm</b>	<b>11:45 am - 12:30 pm</b>	<b>11:45 am - 12:30 pm</b>
<b>Kickboxing</b> \$10 per class	Red Room				
		<b>Cardio Fit</b>		<b>Cardio Fit</b>	
		<b>5:00 pm- 6:00pm</b>		<b>5:00pm-6:00pm</b>	



**Annual Membership Fee:**  
**\$10 per month—Adult 18 +**  
**\$25 per year—Seniors 60 +**  
**\$30 per year— 12yr-17yr**  
**No Contract Fees for Membership**



PARKS & RECREATION  
SAN ANTONIO

5800 Old Hwy 90 W  
 San Antonio, TX 78227  
 Phone: (210) 207-3221  
 Fax: (210) 207-3045

[sanantonio.gov/parksandrec/fitness\\_center](http://sanantonio.gov/parksandrec/fitness_center)

# Enrique M. Barrera Community Fitness Center

## Hours of Operation:

Monday -Thursday  
 11:00am-8:00pm

Friday

11:00am-5:00pm

Closed

Saturday & Sunday

